



Friday, April 28, 2023

Volume 42 Number 2

## *Representative Assembly Announces Election Results*

### **Congratulations to the ASPAN 2023-2024 Board of Directors!**

**President:**

Alphonzo Baker, DNP, RN, CAPA

**Vice President/President-Elect:**

Lori Silva, MSN, RN, CCRN, CPAN

**Secretary:**

Susan Norris, BScN, RN, CAPA

**Treasurer:**

Teri Baughman, BSN, RN, CEN, CPAN, CAPA

**Immediate Past President:**

Connie Hardy Tabet, MSN, RN, CPAN, CAPA, FASPAN

**Regional Director – Region 1:**

Ronda Dyer, MSN, BSPA, RN, CPAN, CAPA, CNE

**Regional Director – Region 2:**

Tracy Galyon, BSN, RN, CPAN

**Regional Director – Region 3:**

Marlene Nahavandi, BSN, RN, CAPA

**Regional Director – Region 4:**

Ursula Mellinger, BSN, RN, CPAN, CAPA

**Regional Director – Region 5:**

Nickcole Price, MSN, RN, CPAN, CAPA

**Director for Clinical Inquiry:**

Amy Berardinelli, DNP, RN, NE-BC, CPAN, FASPAN

**Director for Clinical Practice:**

Melissa Davidson, MSN, RN, CPAN

**Director for Education:**

Felicia Selman, MSN, RN, CAPA

**ASPAN Chief Executive Officer**

Kevin Dill, MBA, BS

**Nominating Committee**

Janice Hamouz-Fultz, BSN, RN

Brian Harradine, MSN, RN, CAPA, CNOR, NPD-BC

## **Enjoy the Mile High City and Beautiful Colorado!**

The Gaylord Rockies Resort and Convention Center is a tourist destination in itself. However, if you choose to venture off the property, visit the National Conference Hospitality Desk for great ideas for your inner tourist. Denver and Colorado are well known for their scenic destinations, shopping, restaurants, museums, and much more. You can also visit these websites for more information on the many visitor opportunities in Denver and the beautiful state of Colorado:

1. Denver. Wikipedia website. Accessed January 29, 2023. <https://en.wikipedia.org/wiki/Denver>
2. Aurora, Colorado, Wikipedia website. Accessed January 29, 2023. [https://en.wikipedia.org/wiki/Aurora,\\_Colorado](https://en.wikipedia.org/wiki/Aurora,_Colorado)
3. Denver The Mile High City. Denver.org website. Accessed January 29, 2023. <https://www.denver.org/>
4. Come to Life Colorado. Colorado.com website. Accessed January 29, 2023. <https://www.colorado.com/cities-and-towns/denver>
5. 25 Best Things to Do in Denver, Colorado. The Crazy Tourist website. Accessed January 29, 2023. <https://www.thecrazytourist.com/25-best-things-denver-colorado>
6. Colorado Tourism. Accessed January 29, 2023. <https://www.colorado.com>

→ Please check your pocket guide onsite for final meeting room assignments ←

## First Timers Orientation

Friday, April 28: 7:15 am – 8:15 am

## Conference Handouts

Outlines will be available for downloading from the ASPAN website beginning April 20, 2023, through July 9, 2023. Attendees will have the ability to print all handouts, or only the sessions of interest to them, or save them to their devices. Please note: it is the individual speaker's decision whether to allow ASPAN to post their PowerPoint presentation on ASPAN's website.

## The ASPAN Shoppe

Spend some time in the ASPAN Shoppe when you are here. The Shoppe is full of items to bring home for yourself and your colleagues, including ASPAN publications and many unique ASPAN souvenirs. Hours will be posted at the Shoppe.

## Regional and Component Gatherings

ASPAN's five regional groups, as well as individual components and other groups, may be gathering during the conference. Look for announcements of these events posted in the Registration area at the conference or in *National PartICUIArS* online.

## RMPANA Hospitality Desk

Stop by for information on activities and tourist ideas. Also, get your National Conference pin before they run out! The proceeds will be donated to a local charity at the conclusion of the conference.

## Host/Hostess Volunteer Needs

There are still a few needs. If interested, please reach out to Sana Zamarripa at [sanazam@comcast.net](mailto:sanazam@comcast.net).

## Got a Question?

RMPANA members and volunteers will be sporting tie-dye scarves in some fashion throughout National Conference, so do not hesitate to reach out with questions or just to say "hi".

## Photo Booth with Colorado Backdrops – Free!

Two backdrops for the Photo Booth: One with a ski scene, and another with a 1970s "Rocky Mountain High" scene. Located across from Registration.

## High Altitude Tip of the Day

Be careful of alcohol intake. Drinks you normally have at sea level may pack a bigger punch at altitude. Check out your response before having another!

## Gold Leaf Component of the Award Applicants!

Congratulations to these components who applied for the Gold Leaf Component of the Year Award. They put in a lot of work to showcase the activities of their components. The winner will be announced during opening ceremonies today:

**NAPAN, MASPAN, OPANA, PANAC, RMPANA, VT/NH APAN**

## Special Conference Events

### Opening Ceremonies and Keynote Speaker

**Friday, April 28: 9:00 am – 12:00 pm:** Come celebrate ASPAN during its Opening Ceremonies. Get excited about the conference and our unique nursing specialty. Hear President Connie Hardy Tabet's presidential address. Stay for the keynote speaker, Kari Knutson, for her talk on *Thriving Through Change*.

### CPAN/CAPA Celebration Luncheon

**Friday, April 28: 12:15 pm – 2:15 pm:** Join other CPAN and CAPA certified nurses for a celebration luncheon. The lunch includes speaker and mindset expert Karen Allen who will motivate you to achieve your full potential. **Preregistration with an additional fee is required.**

### Exhibit Hall Grand Opening

**Friday, April 28: 6:00 pm – 8:00 pm:** Join ASPAN leaders as they cut the ribbon to open the Exhibit Hall. Visit with the vendors, see the latest products, and thank our vendors for their support of ASPAN. Exhibit hours will be listed in your pocket guide onsite.

### ASPAN Development Silent Auction

While in the Exhibit Hall, visit the Silent Auction, benefiting ASPAN Development for scholarships, awards, and public awareness and education. Bid high, bid often! If you would like to donate an item to the Silent Auction, please bring it to the Registration Desk by Friday, April 28, at 12:00 noon.

### ASPAN Development Breakfast

**Sunday, April 30: 6:30 am – 8:30 am:** Begin Sunday morning by earning .75 contact hours, and honoring your friends and colleagues with *Hail, Honor, Salute!*, all while enjoying a traditional American breakfast. Dolly Ireland, MSN, RN, CAPA, CPN, FASPAN, will present her talk entitled, *Reflecting on the Past, Collaborating on the Future: YOU can BE the Difference!*

### President's Reception

**Sunday, April 30: 7:00 pm – 9:00 pm:** All conference participants are invited to join ASPAN President Connie Hardy Tabet and other ASPAN leaders to celebrate the achievements of the past year. Music, light fare, cash bar, and dancing. Come dressed in your favorite "party attire."

### Closing Breakfast, Closing Ceremony, and Closing Keynote Speaker

**Monday, May 1: 7:00 am – 10:00 am:** Close your conference experience with the Closing Breakfast, installation of ASPAN's new Board along with incoming ASPAN President Alphonzo Baker, DNP, RN, CAPA, as he shares his vision and inspiration going forward. See a preview to the 2024 National Conference in Orlando, Florida. Stay for the closing address by Brad Neider, MD, as he sends you laughing all the way home with *Laughter is the Best Medicine*.

→ The Closing Breakfast is free to full conference registrants,  
but you DO need to register ahead of time on your conference registration form ←

### Postconference Education

**Monday, May 1: 12:30 pm – 5:00 pm:** Terry Clifford, DNP, RN, CPAN, CAPA, FASPAN, will present *The Heart and Science of Practice*.

**Preregistration with an additional fee is required for the Postconference Education.**

## Component Corner, and Other Group Meetings

**TSPAN:** (and All TENNESSEE Attendees): Meet for a quick welcome and group picture. **Friday, April 28, 7:00 pm** outside the Exhibit Hall. For more info text: Chris Buck 865-387-3863 or Jamye Gilliard 931-624-2410.

**REGION 1:** Meet & Greet on **Friday, April 28, 7:30 pm-9 pm** at the Gaylord Mountain Pass Sports Bar and Grill on the upper level. Meet other Region 1 component members. Appetizers will be provided with a cash bar available.

**REGION 3:** Meet and Greet, **Friday, April 28, 7 pm-8 pm** in Valley 2. RSVP Deb Moengen 218-232-6104.

**PAPAN:** Happy Hour in the Gaylord Mountain Pass Sports Bar on **Friday, April 28, 5 pm-7 pm**. Come chat with other members.

**VSPAN:** Join us at the Pinyons Bar **Friday, April 28, at 6 pm** for a Meet & Greet and group photo.

**NYSPANA:** Happy Hour **Friday, April 28, from 4:30 pm-6 pm** in the Gaylord Mountain Pass Sports Bar. Any questions call: Bronwyn at 585-313-4198.

**RMPANA:** **Saturday evening, April 29**, there will be an informal RMPANA Get Together with location to be determined. Come to the hospitality desk during conference and see a RMPANA volunteer or check out the daily *PArTiCUlArS* for more details.

**MASPAN:** Meet and Greet **Sunday, April 30, 5:30 pm to 6:30 pm** at Pinyons Bar.

**COME BACK TO COLORADO!** Save The Date: RMPANA's *Retreat in the Rockies*, **Saturday, October 7, 2023**. 8 am – 5 pm. Program topics TBD. Location: Colorado Mountain College, Breckenridge, CO. For more information, please contact Nurse Planner Marcia Keiser, BSN, RN, CPAN, at [marciajo@me.com](mailto:marciajo@me.com).



**ASPAN is hosting a NEW BOOK release for conference attendees! Authors available in ASPAN shoppe for limited book signing!**

A unique evidencebased practice strategies to improve perianesthesia nurses' wellbeing and their work environment

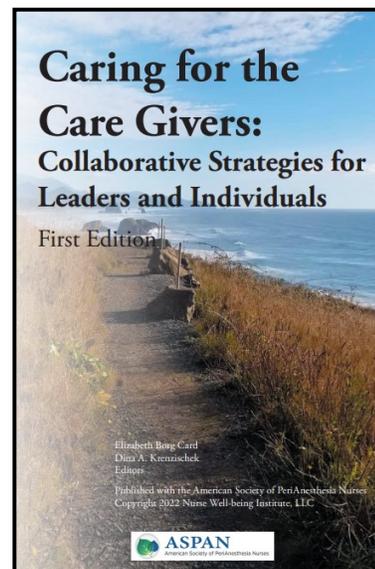
**Limited quantity available at national conference**

National Conference price \$24.99

Bundle of three books \$ 23.99/book

Bundle of five books \$ 22.99/book

After conference \$26.99/book plus shipping



## Book Signing Times for Authors

### ASPAN Shoppe Hours

Days and times	Authors
<b>Thursday</b> 1pm-5pm	Peggy, Elizabeth & Dina- 1-1:45pm
<b>Friday</b> noon-2PM 7-8PM	Peggy, Dina & <u>Elizabeth</u> 1-2PM
<b>Saturday</b> 745-845am Noon-2pm 5-6PM	Elizabeth & Dina 745-845am  Elizabeth & <u>Connie</u> 5-6PM
<b>Sunday</b> 745-845am Noon-2PM	Peggy 745-830AM Connie noon – 2pm

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### News Items for *National PartiCUIArS*

Please email news items to [bgodden@aspan.org](mailto:bgodden@aspan.org). **Items MUST be submitted by 10:00 am to be included in the NEXT day's newsletter.** May be edited for space and conciseness.

➔ *National PartiCUIArS* will be emailed to all conference registrants and posted on ASPAN's website. The newsletter will NOT be printed ←